

Class Selection and Payment

- Early Registration:** Received on or before August 16
 Late Registration: Received on or after August 17

Little Aces/ Foam 60-min Classes

- Thu (ages 4-5) 6-7pm Early: \$81 Late: \$95
 Sat (ages 5-6) 11am-noon Early: \$92 Late: \$108
 2 Pack- Thu & Sat Early: \$162 Late: \$192

Red Orange Yellow 60-min Classes

- Mon & Wed 6-7pm Early: \$178 Late: \$208
 Tue & Thu 6-7pm Early: \$178 Late: \$208
 Sat Red 10-11am Early: \$97 Late: \$113
 Sat Orange/Yellow 9-10am Early: \$97 Late: \$113
 3 Pack- Mon & Wed + Sat Early: \$253 Late: \$299
 3 Pack- Tue & Thu + Sat Early: \$253 Late: \$299

Green 60-min Classes

- Mon & Wed 5-6pm Early: \$178 Late: \$208
 Tue & Thu 5-6pm Early: \$178 Late: \$208
 Saturday 10-11am Early: \$97 Late: \$113
 3 Pack- Mon & Wed + Sat Early: \$253 Late: \$299
 3 Pack- Tue & Thu + Sat Early: \$253 Late: \$299

Teen Green 60-min Classes

- Friday 5-6pm Early: \$86 Late: \$100
 Saturday 9-10am Early: \$97 Late: \$113
 2-Pack - Fri & Sat Early: \$167 Late: \$197

Challenger UTR 1 90-min Classes

- Tue & Thu 4:30-6pm Early: \$264 Late: \$309
 Saturday 1-2:30pm Early: \$143 Late: \$167
 3 Pack- Tue & Thu + Sat Early: \$376 Late: \$445

UTR 2 UTR 3 90-min Classes

- Mon & Wed 4:30-6pm Early: \$264 Late: \$309
 Saturday 1-2:30pm Early: \$143 Late: \$167
 3 Pack- Mon & Wed + Sat Early: \$376 Late: \$445

Adult Classes 60-min Classes

- Beginner Tue 8:00-9:00pm
 League Prep Sat 11:00-12:00pm
 Competitive Tue 7:00-8:00pm
 Early \$94 Late: \$110

Adult Instruction and Cardio

Whether you are new to tennis, returning from time away, or a weekly player looking to improve, we offer a wide variety of classes and cardio.

Cardio Tennis:

A great way to get in shape, stay fit, challenge yourself, and hit plenty of balls. Classes require a minimum of 4 players. Reserve your spot weekly at the front desk or by calling 402-441-7095

Cardio schedule for Session I will be posted 8/22, please check our website for current schedule.

Family Saturday Cardio Special- \$12 for first family member and \$6 for each additional family member.

Cardio Card

Purchase 6 Cardio Classes for \$60 (No expiration date for Cardio Card)

Cardio Drop in: 60min class - \$12

Cardio Drop in: 90min class - \$18

Adult Beginner (2.5-3.0 NTRP)

A perfect skill building class for those new to the game and a great way to meet new people.

Adult League Prep (3-3.5 NTRP)

A more advanced class for those looking to develop some tactical knowledge to go with their technical skills. These players are looking to join league play and tournaments or already involved.

Adult Competitive (3.5-4.0 NTRP)

Our most advanced adult group class designed for those that are regular league players looking for more in-depth instruction.

See Class Selection & Payment for class times & to sign up. Refunds/credits given for injury or illness only.

Adult League Play Opportunities

If you are interested in finding out more about our Adult Leagues during the school year, visit our website.

If you're interested in joining a USTA team, please contact Lincoln League Coordinator at pschalla@hotmail.com.

401 South 33rd Street
402.441.7095
woodsleagues@gmail.com
woodstennis.com



Junior & Adult Information

Session I Fall 2022
Aug 22-Oct 15 (8 weeks)

NO CLASS:

September 5 - LABOR DAY

October 13 & 14 - BOYS' STATE TOURNAMENT

Early Registration: Received on or before Aug 16

Late Registration: Received on or after Aug 17



← Point your phone camera here to register online for Session 1

Upcoming Tournaments

USTA NE L7 B12-14 & G12-18 Aug 21

USTA NE Jr Circuit BG10 Orange & Green Aug 21

USTA NE L7 Lincoln Adult Open M/W Doubles Sep 4

USTA NE L7B12-14/G 12-18 Sep 11

USTA NE Jr Circuit BG 10 Orange & Green Sep 11

USTA NE L7 Lincoln Adult Open Mixed Doubles Sep 18

USTA NE L6 B12-14 & G12-18 Sep 24-25

Boys State Tennis Tournament Oct 13-14

USTA NE L7 Lincoln Adult Open Singles Oct 23

Upcoming Session:

Session II Oct 24 - Dec 20 (8 weeks)

Yellow, Challenger, UTR 1, 2, 3

Yellow: 10-14 year olds

Our first yellow ball class designed for middle school players with match experience who have graduated through the youth pathway. Yellow balls used on a full size court.

Challenger Training: High School Tennis

Reserve, JV and lower-level varsity players. This class is perfect for players who are getting ready for, and loving, playing high school tennis and want to learn and push themselves in a fun environment.

Tournament Pathway (UTR): A new pathway initiative for consistent tournament players to play and practice with like-minded athletes. Classes will be split mainly by using the Universal Tennis Rating. More info can be found at www.myutr.com

UTR 1: Players with a UTR of 3-5 and/or have prior Head Pro Approval. Most players in this range will be in the initial stages of competing in tournaments across the state.

UTR 2: Players with a UTR of 5-7 and have prior Head Pro Approval. Most players will be high level Varsity high school and junior high players with a USTA district or sectional ranking.

UTR 3: Players with a UTR of 7 or more and have prior Head Pro Approval. Most players will be playing Valley and National Tournaments

See *Class Selection & Payment* for class times & to sign up.
Refunds/credits given for injury or illness only.

Junior Pass Information

Purchase a Junior Pass for extra benefits!

Juniors who purchase an **Annual, Winter, or Summer Pass** will receive the following benefits:

- REDUCED private lesson rate
- FREE non-USTA Team Tennis events and in house tournaments
- FREE Junior Turkey and Indoor Club Championship Tournaments
- FREE ball machine use
- FREE Drop In Court Time & DISCOUNTED Advanced Reservations
 - Call the DAY YOU WANT TO PLAY and receive your portion of court fee FREE to practice serves or match play. (Opponents will pay their share of the court unless they have a Jr pass.)
 - Reserve courts in advance and play at DISCOUNTED Pass Rate.

Juniors in the program without a pass will continue to receive free outdoor court use on a Drop In basis.

Little Aces-Foam, Red, Orange and Green (R.O.G)

Green, Orange, Red and Little Aces-Foam classes are all run according to the [USTA Net Generations](#) Guidelines, as well as the Missouri Valley Pathway. Net Gen tennis uses size, skill, age-specific courts, balls, and racquets to help players develop all tennis-related skills.

Little Aces-Foam: 4-6 years old

A fun motor and co-ordination skills class with a tennis focus. Foam balls on a 36' court and 21" racquet or smaller

Red: 7-11 years old

A beginner class designed to teach players the basics and skills. Red Balls on a 36' court and 23" racquet or smaller

Orange: 7-13 years old

Some playing experience preferred. A step up from Red, designed to help players improve their rallying, with an increase in point play. Orange balls on a 60' court and 25" racquet

Green: 8-15 years old

Class designed for players who have graduated from the Orange class. Green balls on a 78' court and 26"+ racquet

Teen Green: 13-18 years old

A class created for teenage players relatively new to the game and looking to learn tennis skills. Green balls on a full-size court

For more information on how our junior classes follow USTA guidelines, please visit the [USTA Net Generation page](#)
See Class Selection & Payment for schedule for all classes.

Refunds/credits given for injury or illness only.

Scholarship Opportunities

Woods Tennis Center takes its theme of "Taking the Game to the Community" seriously. Each year several adults and juniors receive scholarship assistance to learn this lifetime sport. Please contact us for scholarship information. Everyone should have the ability to learn this lifetime sport.

Homeschool Classes

We're offering group classes Monday and Wednesday afternoons for Homeschool kids ages 9 and up. Please email treyson.mcgill@gmail.com for more details.

Registration Methods

We're offering three methods of registration, recommending in the following order:

- 1) **Online Registration (preferred)**
Fill out the online registration form at <https://forms.gle/RxxJumPZA1UPXvRm8>. We'll then call you for CC information.
- 2) **Call**
Call us at 402-441-7095 to register; please have a CC ready.
- 3) **Drop off in person**
Fill out the registration form and bring it along with you to the front desk to register & pay in person.

Contact Info & Waiver

Participant Name: _____

Parent Name (if junior): _____

Birthdate: _____

Address: _____

Phone: _____

Emergency phone: _____

Email: _____

For Office Use ONLY:

Employee _____ Date _____ Amt Paid: _____

PROFILE IN SYSTEM

I hereby waive and release the camp directors, tennis staff and Friends of Woods Tennis Inc., Lincoln Parks and Recreation and Lincoln Public Schools liability for any injuries and illnesses incurred while at camp. I hereby warrant that my child/myself is a participant in this program.

Signed: _____

Complete this form for each participant and drop it off or mail to:

Woods Tennis Center
401 South 33rd St
Lincoln, NE 68510

Checks made payable to:
Woods Tennis Center