

## Adult Pass Benefits

### More Value With The Purchase of a Pass

Adults who purchase an **Annual, Winter, or Summer Pass** will receive the following benefits:

- Free outdoor courts all the time
- Reduced private & semi-private lesson rate
- Reduced indoor courts
- Reduced prices on ball machine
- Additional price reduction on indoor courts Mon-Fri, 11 am-3 pm

All pass pricing can be found at woodstennis.com (click on "Pricing/Membership").

Family, Junior, and Senior memberships and monthly options are also available.

## Adult League Play Opportunities

If you are interested in finding out more about our Adult Leagues during the school year, visit our website.

If you're interested in joining a USTA team, please contact Lincoln League Coordinator at [tammyatwtc@gmail.com](mailto:tammyatwtc@gmail.com).

## Scholarship Opportunities

Woods Tennis Center takes its theme of "Taking the Game to the Community" seriously. Each year several adults and juniors receive scholarship assistance to learn and play tennis. Please contact us for scholarship information. Everyone should have the ability to learn this lifetime sport.

**Woods Tennis Center**  
**401 South 33<sup>rd</sup> Street**  
**402-441-7095**  
**woodsleagues@gmail.com**  
**woodstennis.com**

## ADULT TENNIS INFORMATION

### Cardio Tennis

A great way to get in shape, stay fit, challenge yourself, and hit plenty of balls. Classes require a minimum of 4 players. Reserve your spot weekly at the front desk or by calling 402-441-7095.

**Cardio schedule for Session II will be posted Aug 21, please check our website for current schedule.**

#### Cardio Pricing

**Cardio Drop in:** 60-min class - \$12

**Cardio Drop in:** 90-min class - \$18

**Cardio Card:** 6 Cardio classes for \$60 (no exp date)

**Saturday Family Cardio Special:** \$12 for first family member and **\$6** for each additional family member.

### Adult Group Classes

**Refunds/credits given for long-term injury or illness only**

**Early Registration:** Received on or before Aug 15

**Late Registration:** Received on or after Aug 16

#### Adult Beginner 2.5-3.0 NTRP

A perfect skill-building class for those new to the game and a great way to meet new people.

Mon 90M	9:30-11 am	Early \$125	Late \$146
Tue 60M	7-8 pm	Early \$94	Late \$110
Tue 60M	8-9 pm	Early \$94	Late \$110

#### Adult League Prep 3-3.5 NTRP

A more advanced class for those looking to develop some tactical knowledge to go with their technical skills. These players are looking to join, or are already involved in, league play and tournaments.

Mon 90M	11 am-12:30 pm	Early \$125	Late \$146
Wed 90M	11 am-12:30 pm	Early \$142	Late \$166
Thu 90M	9:30-11 am	Early \$125	Late \$146
Fri 90M	11 am-12:30 pm	Early \$125	Late \$146
Sat 60M	11 am-noon	Early \$83	Late \$97
2-Pack (any two 90M classes)		Discounted at registration	

#### Adult Competitive 3.5-4.0 NTRP

Our most advanced adult group class designed for those who are regular league players looking for more in-depth instruction.

Tue 60M	7-8 pm	Early \$94	Late \$110
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**Session I Fall 2023**  
**Mon, Aug 21-Wed, Oct 11**  
**(7½ weeks)**

**NO CLASSES!!!**  
**Labor Day**

**Early Registration:** Received on or before Aug 15

**Late Registration:** Received on or after Aug 16

**Next Session:**  
Session II: Oct 23-Dec 21



Point your phone camera here  
to register online

## Upcoming Tournaments

**USTA L7 NE B12-14/G 12-18** Aug 20

**Lincoln Adult Open-Fast 4 MW Doubles** Sep 3

**USTA NE L7 B12-14/G 12-18** Sep 10

**Lincoln Adult Open Fast-4 Mixed Doubles** Sep 17

**USTA L6 BG 12-14/G 12-18** Sep 23-24

**Boys State Class A** Oct 12-13

**Boys State Class B** Oct 16-17

**Lincoln Adult OpenFast 4 Singles** Oct 22

**Early Registration:** Received on or before Aug 15

**Late Registration:** Received on or after Aug 16

**Refunds/credits given for long-term injury or illness only**

## Little Aces, Red, Orange, Green (R.O.G) Group Classes

These classes are run according to the *USTA Net Generations* guidelines, as well as the Missouri Valley Pathway. Net Gen tennis uses size, skill, age-specific courts, balls, and racquets to help players develop all tennis-related skills.

### Little Aces-Foam 4-6 years old

A fun motor and co-ordination skills class with a tennis focus. Foam balls on a 36' court and 21" racquet or smaller

Thu	6-7 pm	Early \$81	Late \$95
Sat	11 am-noon	Early \$81	Late \$95
2-Pack (Thu & Sat)		Early \$151	Late \$179

### Red 7-11 years old

A beginner class designed to teach players the basics and skills. Red Balls on a 36' court and 23" racquet or smaller

Mon & Wed	6-7 pm	Early \$178	Late \$208
Tue & Thu	6-7 pm	Early \$178	Late \$208
Fri	5:30-6:30 pm	Early \$86	Late \$100
Sat	10-11 am	Early \$86	Late \$100
2-Pack (Fri & Sat)		Early \$166	Late \$194
3-Pack (Mon, Wed, & Sat)		Early \$242	Late \$286
3-Pack (Tue, Thu, & Sat)		Early \$242	Late \$286

### Orange 7-13 years old

A step up from Red, designed to help players improve rallying, with an increase in point play. Orange balls on a 60' court and 25" racquet

Mon & Wed	5-6 pm	Early \$178	Late \$208
Mon & Wed	6-7 pm	Early \$178	Late \$208
Tue & Thu	6-7 pm	Early \$178	Late \$208
Tue (6-7 pm) & Fri (4:30-5:30 pm)		Early \$178	Late \$208
Fri	4:30-5:30 pm	Early \$86	Late \$100
Sat	9-10 am	Early \$86	Late \$100
Sat	noon-1 pm	Early \$86	Late \$100
2-Pack (Fri & Sat)		Early \$166	Late \$194
3-Pack (Mon, Wed, & Sat)		Early \$242	Late \$286
3-Pack (Tue, Thu, & Sat)		Early \$242	Late \$286

### Green 8-15 years old

Class designed for players who have graduated from the Orange class. Green balls on a 78' court and 26"+ racquet

Mon & Wed	5-6 pm	Early \$178	Late \$208
Tue & Thu	5-6 pm	Early \$178	Late \$208
Sat	10-11 am	Early \$86	Late \$100
3-Pack (Mon, Wed, & Sat)		Early \$242	Late \$286
3-Pack (Tue, Thu, & Sat)		Early \$242	Late \$286

## JUNIOR TENNIS INFORMATION

### Teen Green, Yellow, Challenger, UTR 1, 2, & 3 Group Classes

#### Teen Green

#### 13-18 years old

A class created for teenage players relatively new to the game and looking to learn tennis skills. Green balls on a full-size court

Fri	4:30-5:30 pm	Early \$86	Late \$100
Sat	9-10 am	Early \$86	Late \$100
2-Pack (Fri & Sat)		Early \$166	Late \$194

#### Yellow

#### 10-14 years old

Our first yellow ball class designed for middle school players with match experience that have graduated through the youth pathway. Yellow balls used on a full size court.

Mon & Wed	6-7 pm	Early \$178	Late \$208
Tue & Thu	6-7 pm	Early \$178	Late \$208
Sat	9-10 am	Early \$86	Late \$100
3-Pack (Mon, Wed, & Sat)		Early \$242	Late \$286
3-Pack (Tue, Thu, & Sat)		Early \$242	Late \$286

#### Challenger

#### High School Players

Reserve, JV, and Varsity players. This class is perfect for players who are getting ready for and loving playing high school tennis and want to learn and push themselves in a fun environment.

Tue & Thu	4:30-6 pm	Early \$264	Late \$309
Saturday	1-2:30 pm	Early \$126	Late \$147
3-Pack (Tue, Thu, & Sat)		Early \$360	Late \$426

#### Tournament Players

#### UTR 1

\*\*\*This session only\*\*\*

**UTR 1 will be on Mondays/Wednesdays. Beginning with Session 2, it will be back to Tuesdays/Thursdays.**

Players with a UTR of 3 & above and have prior Head Pro Approval. Most players in this range will be in the initial stages of competing in tournaments across the state.

#### UTR 2

Players with a UTR of 5-7 **and** have prior Head Pro Approval. Most players will be high level Varsity high school and junior high players with a USTA district or sectional ranking.

#### UTR 3

Players with a UTR of 7 or more **and** have prior Head Pro Approval. Most players will be playing Valley and National Tournaments

#### UTR Schedules:

Mon & Wed	4:30-6 pm	Early \$264	Late \$309
Sat	1-2:30 pm	Early \$126	Late \$147
3-Pack (Mon, Wed, & Sat)		Early \$360	Late \$426



**Register for group classes online**

← point your camera app here or online at [woodstennis.com](http://woodstennis.com)

## Homeschool Group Classes

We have pros available during weekdays to do classes with homeschoolers. If you'd like to join a class, please go to our online registration and submit your interest. We need a minimum of four players in a class, so if we get four or more people interested, we'll contact you to set up days/times to hold a class.

## Junior Pass Benefits

### More Value With The Purchase of a Junior Pass

Juniors who purchase an **Annual, Winter, or Summer Pass** will receive the following benefits:

- Free outdoor courts all the time
- Reduced private & semi-private lesson rate
- Free in-house tournaments
- Ball machine:
  - Free "day-of":
    - Call the day you want to use the ball machine
    - 60-minute limit per day
  - Reduced ball machine when reservation made a day or more in advance
- Indoor court time:
  - Free "day-of":
    - Call the day you want a court and your portion of the court will be free
    - Opponents/parents will pay for their share of the court unless they're a junior pass holder
    - 90-minute limit per day
  - Reduced indoor courts when reservation made a day or more in advance

**Juniors in our Group Classes without a pass will receive free *outdoor* courts on a Drop-In basis.**

