Class Selection and Payment

☐ **Early Registration:** Received on or before January 3
☐ **Late Registration:** Received on or after January 4

Little Aces/Foam — 60min Classes

☐ Thu	6-7 pm	Early: $69	Late: $81
☐ Sat	11 am-noon	Early: $58	Late: $68
☐ 2 Pack- Thu & Sat		Early:$119	Late: $141

☐ Red ☐ Orange ☐ Yellow — 60min Classes

☐ Mon & Wed Orange	5-6 pm	Early: $143	Late: $167
☐ Mon & Wed R, O, Y	6-7 pm	Early: $143	Late: $167
☐ Tue & Thu R, O, Y	6-7 pm	Early: $143	Late: $167
☐ Fri Red	4:30-5:30 pm	Early: $74	Late: $86
☐ Fri Orange	5:30-6:30 pm	Early: $74	Late: $86
☐ Sat Yellow	9-10 am	Early: $63	Late: $73
☐ Sat Red/Orange	10-11 am	Early: $63	Late: $73
☐ Sat Orange	noon-1 pm	Early: $63	Late: $73
☐ 3 Pack- Mon & Wed + Sat		Early: $188	Late: $222
☐ 3 Pack- Tue & Thu + Sat		Early: $188	Late: $222

Green — 60min Classes

☐ Mon & Wed	5-6 pm	Early: $143	Late: $167
☐ Tue & Thu	4:30-5:30 pm	Early: $143	Late: $167
☐ Friday	4:30-5:30 pm	Early: $74	Late: $86
☐ Saturday	9-10 am	Early: $63	Late: $73
☐ 3 Pack- Mon & Wed + Sat		Early:$188	Late: $222
☐ 3 Pack- Tue & Thu + Sat		Early:$188	Late: $222

Teen Green — 90min Classes

☐ Friday	4:30-6 pm	Early:$109	Late: $127
☐ Saturday	2:30-4 pm	Early: $92	Late: $107
☐ 2 Pack- Fri & Sat		Early: $183	Late: $216

☐ Challenger ☐ UTR 1 — 90min Classes

☐ Tue & Thu	4:30-6 pm	Early:$212	Late: $248
☐ Tue 3-4:30 pm & Thu	4:30-6 pm	Early: $212	Late: $248
☐ Tue 4:30-6 pm & Thu	7-8:30 pm	Early: $212	Late: $248
☐ Tue 3-4:30 pm & Thu	7-8:30 pm	Early: $212	Late: $248
☐ Saturday Chall	1-2:30 pm	Early: $92	Late: $107
☐ Saturday UTR 1	2:30-4 pm	Early: $92	Late: $107
☐ 3 Pack- Tue & Thu + Sat		Early:$280	Late: $331

☐ UTR 2 ☐ UTR 3 — 90min Classes

☐ Mon & Wed	4:30-6 pm	Early:$212	Late: $248
☐ Saturday	2:30-4 pm	Early: $92	Late: $107
☐ 3 Pack- Mon & Wed + Sat		Early:$280	Late: $331

Adult Classes — 60min Classes

☐ Beginner	Tue	7-8 pm	Early: $71	Late: $83
☐ Beginner	Tue	8-9 pm	Early: $71	Late: $83
☐ League Prep	Sat	11 am-noon	Early: $59	Late: $69
☐ Competitive	Tue	7-8 pm	Early: $71	Late: $83

Adult Instruction and Cardio

Whether you are new to tennis, returning from time away, or a weekly player looking to improve, we offer a wide variety of classes and cardio.

Cardio Tennis:
A great way to get in shape, stay fit, challenge yourself, and hit plenty of balls. Classes require a minimum of 4 players. Reserve your spot weekly at the front desk or by calling 402-441-7095.

Cardio schedule for Session III will be posted 1/10/22, please call, email, or check our website for class days/times.

*Family Saturday Cardio Special- **$12** for first family member and **$6** for each additional family member.

Cardio Card
Purchase 5 Cardio Classes at $60 and receive a 6th class free! (No expiration date for Cardio Card)

Cardio Drop in: 60min class - $12 90min class - $18

Adult Beginner (2.5-3.0 NTRP)
A perfect skill-building class for those new to the game and a great way to meet new people.

Adult League Prep (3-3.5 NTRP)
A more advanced class for those looking to develop some tactical knowledge to go with their technical skills. These players are looking to join league play and tournaments or already involved.

Adult Competitive (3.5-4.0 NTRP)
Our most advanced adult group class designed for those that are regular league players looking for more in-depth instruction.

See *Class Selection and Payment* for days and times for all classes.
Refunds/credits given for injury or illness only.

Adult League Play Opportunities
If you are interested in finding out more about our Adult Leagues during the school year, contact Tammy Tegler (402) 441-7095, or e-mail woodsleagues@gmail.com . Information about Adult League levels and schedules is also available on our website at www.woodstennis.com.

woods tennis

Session III Winter 2022
January 10 – February 19
(6 weeks)

NO CLASSES!!!
Saturday, February 12

UPCOMING TOURNAMENTS
USTA NE BG 12-18 L6, Jan. 7-9
L4 USTA MV B14, Feb. 12-14
Jr Indoor Club Championships – Feb. 21-27

Early Registration: Received *on or before Jan. 3*
Late Registration: Received *on or after Jan. 4*

Future Sessions:
Session IV Feb. 28-Apr. 9
Session V Apr. 11-May 21

401 South 33rd Street
402.441.7095
woodsleagues@gmail.com
www.woodstennis.com

Point camera app here to register online

UTR 1, 2 & 3, Challenger and Yellow Classes

Yellow: 10-14 year olds
Our first yellow ball class designed for middle school players with match experience who have graduated through the youth pathway. Yellow balls used on a full size court.

Challenger Training: High School Tennis
Reserve, JV, and lower-level varsity players. This class is perfect for players who are getting ready for, and loving playing, high school tennis and want to learn and push themselves in a fun environment.

Tournament Pathway

A new pathway initiative for consistent tournament players to play and practice with like-minded athletes. Classes will be split mainly by using the Universal Tennis Rating. More info can be found at myutr.com

UTR 1: Players with a UTR of 3-5 and/or have prior Head Pro Approval. Most players in this range will be in the initial stages of competing in tournaments across the state.

UTR 2: Players with a UTR of 5-7 and have prior Head Pro Approval. Most players will be high level Varsity high school and junior high players with a USTA district or sectional ranking.

UTR 3: Players with a UTR of 7 or more and have prior Head Pro Approval. Most players will be playing Valley and National Tournaments

See *Class Selection and Payment* for days and times for all classes.
Refunds/credits given for injury or illness only.

Junior Pass Benefits

More Value for the Purchase of a Junior Pass

Juniors who purchase an **Annual, Winter, or Summer Pass** will receive the following benefits:

- REDUCED private lesson rate
- FREE In-House tournaments
- FREE Junior Turkey and Indoor Club Championship Tournaments
- FREE ball machine use, reservation made same-day
- FREE Day-of Court Time & DISCOUNTED Advanced Reservations
  - Call the DAY OF and receive your portion of court fee FREE to practice serves or match play. Opponents pay their share of the court unless they have a Jr. pass.
  - Reserve courts in advance and play at DISCOUNTED Pass Rate.

Juniors in our program without a pass will continue to receive free outdoor court use on a Drop In basis.

Little Aces-Foam, Red, Orange and Green (R.O.G)

Green, Orange, Red, and Little Aces-Foam classes are all run according to the **USTA Net Generations** Guidelines, as well as the Missouri Valley Pathway. Net Gen tennis uses size, skill, and age-specific courts, balls, and racquets to help players develop all tennis-related skills.

Little Aces-Foam: 4-6 years old
A fun motor and co-ordination skills class with a tennis focus. Foam balls on a 36′ court and 21″ racquet or smaller

Red: 7–11 years old
A beginner class designed to teach players the basics and skills. Red Balls on a 36′ court and 23″ racquet or smaller

Orange: 7-13 years old
Some playing experience preferred. A step up from Red, designed to help players improve their rallying, with an increase in point play. Orange balls on a 60′ court and 25″ racquet

Green: 8-15 years old
Class designed for players who have graduated from the Orange class. Green balls on a 78′ court and 26″+ racquet

Teen Green: 13-18 years old
A class created for teenage players relatively new to the game and looking to learn tennis skills. Green balls on a full-size court

See *Class Selection & Payment* for class times & to sign up.
Refunds/credits given for injury or illness only.

HomeSchool Classes
We also offer daytime classes for players age 6 and up, please email woodsleagues@gmail.com for more information.

Scholarship Opportunities
Woods Tennis Center takes its theme of "Taking the Game to the Community" seriously. Everyone should have the ability to learn this lifetime sport. Each year several adults and juniors receive scholarship assistance to learn this lifetime sport. Please contact us for scholarship information.

Junior Tournament Supervision
Continuing this year we will make every attempt to have at least one coach attend District level, in-state tournaments. The cost for this is included in the price of lessons. Overnight trip expenses for coaches will be shared by participants

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Registration Methods
We're offering alternative methods of registration, recommending in the following order:

1) **Online Registration (preferred)**
   Go to https://forms.gle/Xc3a7kRnRT7upeSi8 or point your phone camera at the QR code on the front of this brochure to get to the online form.
2) **Call**
   Call us at 402-441-7095 to register; please have a CC ready.
3) **Drop off in person**
   Fill out the registration form and bring it along with you to the front desk to register & pay in person.

Participant Name: _____

Parent Name (if junior): _____

Birthdate: _____

Address: _____

_____

Phone: _____

Emergency phone: _____

Best Email*: _____

For Office Use ONLY:

Employee_____ Date_____ Amt Paid: _____

☐ **PROFILE IN SYSTEM**

I hereby waive and release the camp directors, tennis staff and Friends of Woods Tennis Inc., Lincoln Parks and Recreation and Lincoln Public Schools liability for any injuries and illnesses incurred while at camp. I hereby warrant that my child/myself is a participant in this program.

Signed: _____

Complete this form for each participant and drop it off or mail to:

Woods Tennis Center
401 South 33rd St
Lincoln, NE 68510

Checks made payable to:
Woods Tennis Center